

What happened?



How did you feel?

Blue	Green	Yellow	Red
Sick	Happy	Frustrated	Angry
Sad	Calm	Worried	Mean
Tired	Feeling OK	Silly	Yelling
Bored	Focussed	Excited	Hitting
Moving slowly	Ready to learn	Loss of some control	Disgusted
Depressed	Alert	Restless	Biting

Restorative Conversations

THE INCIDENT

- What happened?
- How were you feeling at the time?
- What were you thinking?
- What have you thought about since?

THE HARM

- Who was affected by this? How?
- How do you think they were feeling?
- What might have been thinking?

THE REPAIR

- What could've been done differently?
- What is needed to make things right?
- What agreement can we make to make sure this doesn't happen again?