

*Alive*



# Festive Fun at Alive!

**From Monday 19 December 2022**

**Lynnsport, St James Pool,  
Downham Leisure & Oasis**

Holiday Season is here! Join in the festive fun,  
with Pool Parties, Holiday Clubs, Roller Discos,  
fun activity sessions and more!

Booking is advisable for all activities  
**[alivewestnorfolk.co.uk](http://alivewestnorfolk.co.uk)**



# It's Party Time!

## Christmas Roller Disco

Thursday 22 December  
Lynnsport 12pm – 2pm  
& 2pm – 4pm  
Downham Leisure 2pm – 4pm

**Ages 5 – 15yrs**  
**£2 per person**

## Come and Climb Christmas Special

Wednesday 21 December  
Lynnsport 2pm – 4pm

Join us for a festive, fun-filled climbing session this Christmas! With fun Christmas themed games and challenges, and exciting prizes to be won!

**Ages 8 – 14yrs**  
**£2 per person**

## Christmas Pool Parties

Thursday 22 December  
Downham Leisure & St James  
3:30pm – 5pm

**Standard £5**  
**Alive Card £4**  
**Alive Concession Card £3.50**  
**Under 4's FREE**

*\*Pre-booking at your local centre is essential! Standard admissions policy applies. For rollerskating, if you have your own skates & protective gear please bring them along as limited equipment available.*

# Alive Lynnsport Christmas Extravaganza!

## Tuesday 20 December

9.30am – 12.30pm!

Choose from one of the below sessions:

Then join everyone upstairs for more Christmas fun

## Festive Fun

5 – 8yrs  
Coach-led festive fun and games in the sports hall

## TUMBLE TEDS

Under 5's  
(Parent-led)

Visit Santa

Christmas Film

Café Christmas Specials

Bouncy Castle

Christmas Arts & Crafts

Christmas Transfer Tattoos

**£10 per child**

*Pre-booking essential – limited spaces available. Following the coach-led Festive Fun Session, parents will need to collect their child from the Sports Centre and remain with their child for the remainder of the session until 12.30pm.*



# Christmas Holiday Clubs

5 - 15yrs

## Gymnastics

Monday 19 December

Lynnsport  
8am - 3pm

**Standard £21**  
**Alive Card £19**

**Alive Concession Card £17**  
(including Breakfast Club)

## Multisport

Monday 19 -  
Wednesday 21 December

Downham Leisure •  
Lynnsport • Oasis

9am - 3pm

**£10**

## Football

Tuesday 20  
December

Lynnsport  
9am - 3pm

**£15**

## Cricket

Wednesday 21  
December

Lynnsport  
9am - 3pm

**£15**

## Breakfast Club

8am - 9am

Only available at Lynnsport. Children can enjoy a choice of cereal and fruit juice and play games before kicking off their day. You can bolt on breakfast club to any Christmas Holiday Club for the prices below:

**Standard £3** **Alive Card £2**  
**Alive Concessions Card £1**

Advance booking essential  
via reception.

## Lunch included

in all Christmas  
Holiday Clubs

The Borough Council of Kings Lynn and West Norfolk recognise that the cost of living crisis means that families may not be able to enjoy fun activities due to finances. They have pledged to support families at this time by providing subsidised places on our multisport holiday club which includes lunch. If you qualify for free school meals, please see our Big Norfolk Festive Holiday Fun page!

Supported by

Borough Council of  
King's Lynn &  
West Norfolk





Free  
session,  
Free meal!

# Big Norfolk Festive Holiday Fun

5 - 15  
years

We are part of the Norfolk County Council Big Norfolk Holiday Fun programme providing free places to families eligible for means tested free school meals, these will be available to book online or at your local Alive Centre.

Activities vary each day but may include cricket, speed stacking, nerf-tag, dodgeball, football and badminton.

**Monday 19 - Wednesday 21 December**  
**9am - 1pm and 12pm - 4pm**

Alive Lynnsport • Alive Downham Leisure • Alive Oasis

Alive  
West Norfolk

## Winter of Play!

Festive sessions are just £1  
or 50p for Alive Card Concessions  
Activities available from Monday 19  
December - Tuesday 3 January 2023

Swimming  
(during general swimming sessions)

KASET Skatepark

Alive Adventures

Roller Skating

Tumble Teds

Normal session times and admission times apply,  
for more information visit [alivewestnorfolk.co.uk](http://alivewestnorfolk.co.uk)

Alive West Norfolk in partnership with the Borough Council of  
King's Lynn and West Norfolk supporting a Winter of Play!

Borough Council of  
King's Lynn &  
West Norfolk

Juniors  
only  
(U19yrs)

# Christmas Alive adventures

5 - 10  
yrs

**Monday 19 & Tuesday 20**  
**10am-12pm**

Join us for Christmas fun and excitement at Alive Adventures (Oasis) with games, competitions, Christmas crafts, and fun challenges for all the kids to enjoy!

\*Pre-booking is essential

Standard £1  
Alive Card £1  
Alive Card  
Concessions 50p

## Inflata-fun!

Get **pumped** for our **NEW** fun pool inflatable at St James Pool!  
With sessions packed full of games, challenges and races, you'll  
have the best time! Pre-booking is essential.

Standard  
£4.50

Alive  
Card  
£3.45

**Tuesday 20 December**

9.30am - 10.30am 8-11yrs  
10.30am - 11.30am 12-15yrs

**Wednesday 28 December**

9.30am - 10.30am 8-11yrs  
10.30am - 11.30am 12-15yrs

Alive  
Card  
Concession  
£2.90

To be able to attend you must be able to complete 25m swim unaided and be confident in deep water.  
Before the sessions begins, participants will be swim tested to ensure they are competent in these areas.

# Lynnsport & Downham Activities

## Monday 19 December

 Christmas Fun Short Tennis Tournament	Lynnsport	9.30am - 11am	Mini Red (School yr 3 & 4)	£10
		11am - 12.30pm	Mini Orange (School yr 5 & 6)	
Skateboard Skillz	Lynnsport	12pm - 3pm	8 - 15yrs	£3


## Tuesday 20 December

Short Tennis	Downham	9am - 10.30am	Mini Red (School yr 3 & 4)	£10
		10.30am - 12pm	Mini Orange (School yr 5 & 6)	£10
Ninja Warrior	Lynnsport	10.45am - 11.45am	5 - 15yrs	£1 / 50p (conc)
Junior Gymnastics	Lynnsport	2.30pm - 3.30pm	5 - 15yrs	£1 / 50p (conc)

## Wednesday 21 December

Family Climb Time	Lynnsport	10am - 12pm	5yrs+	£2
Christmas Crafts	Lynnsport	10am - 11am	4 - 10 yrs	£1 / 50p (conc)

## Thursday 22 December

Christmas Crafts	Downham	10am - 11am	4 - 10 yrs	 £1 / 50p (conc)
Fun Time Climb	Lynnsport	10am - 12pm	8 - 14yrs	

Pre-booking of all sessions is advisable to avoid disappointment.



Want to change your career?  
Want to get back into education?  
Want to get a degree?

Find out more at:  
**Return to Learning**  
**29<sup>th</sup> March 2023**

### Francesca Edgley

- Access to Science and Nursing
- Offered a place to study Midwifery at the University of East Anglia

"I feel that as an adult I am now better prepared for the task of learning and the support offered from the tutors at CWA has made a substantial difference to my time here. The tutors have respect for the fact you're an adult learner and want nothing more than to see you succeed!"



**Register now!** [cwa.ac.uk/return](https://cwa.ac.uk/return)

**College of  
West Anglia**



**University Centre  
West Anglia**





## Museum and Old Gaol Cells

Saturday Market Place, King's Lynn PE30 5DQ

Tel: 01553 774297 [storiesoflynn.co.uk](http://storiesoflynn.co.uk)

Discover the history of King's Lynn, tour the Old Gaol Cells, see the magnificent King John Cup and more!



University Centre  
West Anglia

Degrees on your doorstep

### Marie Cooke

*FdA Early Years and Education  
BA (Hons) Early Childhood Studies (Top-up)*

"I chose to study at UcWA as I was able to work and study at the same time. I thoroughly enjoyed learning about child development. One of the highlights of studying at UcWA were the peers that I met on my course. I am now working as a Deputy Manager in a nursery setting."



stay local, go far

[ucwa.ac.uk](http://ucwa.ac.uk)

Alive Corn Exchange King's Lynn in association with Jordan Productions present

King's Lynn's Favourite Dame

**Ian Marr**

as Dame Dotty

Back by popular demand

**Scott Cripps**

as Herbie The Huntsman

**Abigail Jaye**  
as the Wicked Queen

**Lewes Roberts**  
as the Prince

**Lizzie Emery**  
as Snow White



# Snow White

**7 - 31 December 2022**

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