

# TERRINGTON ST CLEMENT COMMUNITY SCHOOL



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Dear Parents/Carers

All schools are required to fully implement the Relationships, Sex and Health Education as part of their curriculum. After a successful trial in Y6 in 2019, we planned to implement this across the school in Spring 2020. However, after holding our drop in session to consult and share these materials with parents/carers in February last year, we were somewhat thwarted by the pandemic. We now plan to start teaching these lessons, this half term.

The objective of RSE is to help and support children through their physical, emotional and moral development. An effective programme will be focused around helping children learn how to respect themselves and others and move with confidence from childhood through adolescence into adulthood, while keeping themselves safe.

The content taught is at an age appropriate level and will cover the following objectives:

**EYFS Objectives** - To consider the routines and patterns of a typical day; To understand why hygiene is important; To recognise that all families are different

**Year One Objectives** - To understand some basic hygiene principles; To know that babies become children and then adults; To know the differences between boy and girl babies; To explore different types of families; To know who to ask for help

**Year Two Objectives** - To identify some differences between males and females; To introduce the concept of gender stereotypes; To know some differences between male and female animals and that a male and female is needed to make a new life; To be able to name the male and female body parts

**Year Three Objectives** - To know the differences between males and females and name the body parts; To understand personal space; To identify different types of touch that people like and do not like; To explore different types of families; To know who to go to for help and support



A Traditional school with traditional values where  
we aspire, succeed and thrive



**Year Four Objectives** - To describe the main stages of the human lifecycle (baby – toddler – child – teenager – adult – elder); To identify some basic facts about puberty and how this is linked to reproduction; To know about some of the physical and emotional changes that happen in puberty

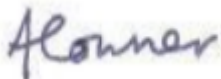
**Year Five Objectives** - To explore the emotional and physical changes occurring in puberty; To know how to manage the changes that occur during puberty, including the importance of hygiene; To understand how puberty affects the reproductive organs; To explore ways to get support during puberty

**Year Six Objectives** - To know how and why the body changes during puberty; To explore different physical and emotional behaviour in relationships; To explore negative and positive ways of communicating in a relationship; To know how to keep safe online; **To explore the process of conception and pregnancy**

As parents/carers, you have the right to withdraw your child from content in the Sex Education curriculum which falls outside of the Science or Relationships curriculum (highlighted in yellow above). However in doing so, you are taking responsibility for ensuring that your child receives their entitlement to Sex Education through alternative means. If you wish to exercise your right to withdraw your child from these lessons, you are required to do so in writing. More information about this is in our [RSE Policy](#) available on our website.

You should be aware that some of the pictures shared with the children do include nudity as this is required to teach about gender differences, puberty (Y4 up) and conception (Y6). All of the lessons will be taught sensitively and in an age appropriate format. Feedback from parents/carers who attended our drop in last year was overwhelmingly positive. In an ideal world, we would have liked to offer this opportunity to view resources again this year but unfortunately, we cannot invite parents into school at this point in time due to Covid restrictions. However, if you would like to see the resources that will be used in your child's lessons, you can request this via the office and we will arrange a time for you to view these in the foyer.

Yours faithfully



Miss A Conner, Headteacher