

Scheme of Work

PSHE
Programme of Study
Core Theme 1: Health and Wellbeing

- about the process of growing from young to old and how people's needs change
- the names for the main parts of the body (including external genitalia) the similarities and differences between boys and girls

Science Attainment Targets

- notice that animals, including humans, have offspring which grow into adults

Learning Intentions and Learning Outcomes

Learning Intention

To introduce the concept of male and female and gender stereotypes
 To identify differences between males and females

Learning Outcomes

Understand that some people have fixed ideas about what boys and girls can do
 Describe the difference between male and female babies

Learning Intention

To explore some of the differences between males and females and to understand how this is part of the lifecycle

Learning Outcomes

Describe some differences between male and female animals
 Understand that making a new life needs a male and a female

Learning Intention

To focus on sexual difference and name body parts

Learning Outcomes

Describe the physical differences between males and females
 Name the male and female body parts

Word Box: Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vagina

Differences

Key Stage 1

Lesson Title

Lesson 1

Differences:
Boys & Girls

Resources

2 large PE hoops
[Boy/Girl/Both labels](#)
 Bag of objects and clothing to explore male and female or [Pictures of objects and clothing](#)
[Clothed Babies picture cards](#)
[Clothed Babies whiteboard summary](#)
[Pictures of newborn babies](#)

Additional Activities

Recommended reading:
Happy Families, Allan Ahlberg,
Princess Smartypants, Babette Cole
William's Doll, Charlotte Zolotow
Amazing Grace, Mary Hoffman and Caroline Binch

Lesson 2

Differences:
Male and Female

Talking object

[Pictures of male and female animals](#)
[Cats and Kittens worksheet](#)
 Anatomically correct toy farm animals
www.toysnfun.co.uk

Lesson 3

Naming the Body Parts

2 large PE Hoops

[Hoop labels](#)
[Body Parts picture cards](#)
[Female x-ray picture](#)
[Body Parts worksheet](#)
Additional Activities
 Recommended reading:
Cinderella's Bum, Nicholas Allan
Shaperville, Andy Mills
It's OK to be Different, Todd Parr